

REMOVING THE ALTERED EGO

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The entire shift into the new reality of the Mind of God is simply removing the antiChrist or altered ego.

The anti Christ is the mortal brain-- not the entire brain- just the upper cerebellum that stores all of the world's dreams. The upper cerebellum is fighting for its survival right now because its days are numbered.

Once we shift to the mid brain- frequency specific brain and hook up to the mind of God, the mortal mind will be gone forever.

There is a way to speed this shift up tremendously. I started to tell you about this several weeks ago, but I wasn't ready to explain it clearly.

I have been practicing the technique myself so I can explain it more clearly.

First, I took a candle. I stare into the candle, seeing my self standing where the dark area at the base of the flame is. This area represents the place where the breath of Source meets the spark of Source and breathes life into man.

So the flame represents the flame created by this Breath of Source and I am standing in it.

The next part of the formula that is crucial to understanding this process is this:

If you have listened to the meditation the Ascension Formula (Steps to Ascension Meditations), you will hear the directions to take the body down to the zero point of Earth and lay the body on the mirror.

You may read this meditation in the meditation window.

There is actually a mirror that separates the physical earth and the spiritual earth.

When we lay on the mirror our physical body is connecting directly to the spiritual body.

The two bodies become one. When we are not standing within this reflection, we are only half of our body.

If you think of walking into the back of a mirror and coming out the front of the mirror because you are being born from the spiritual side of the mirror, which we don't see yet because it is the anti matter part of our reality.

So, the object of this process of staring into the candle is to reunite the spiritual and physical body into one.

The reality is when our vision shifts into the mind of God we see both halves. We begin to see the anti matter or the spiritual self of everything rise above the material self.

The way we check to see if we are connecting to the frequency specific mind of God is to

place a card in front of the candle and wait to see the back side of the card pop up above the card. This actually happens when we stare at the candle long enough.

Many other things happen as we stare into the candle. The eyes start flashing in and out of many dimensional realities.

All of this helps to detach the mid brain from the mortal mind and helps to turn off the mortal mind.

This is the process that we will go through at the time of the pole shift. Our mortal mind will be turned off and we will transfer into our frequency specific brain.

I stare at the candle to help remove me from the world as much as possible. It is very refreshing.

I've talked to many people over the past few weeks who have been going through similar things as you have described such as old memories and old fears arising very strongly, the body showing strange symptoms such as great hunger, fears, head feeling lighter and bigger, strange feelings in the stomach, etc. I've heard these same symptoms from some who have my music and some who do not. I don't think my music has anything to do with it.

The fact is the cells in the brain actually shoot out toxic poisons into the body to protect itself. It is a bit like a black widow when it gets paranoid. So, the fear of being removed and replaced by these higher frequencies of Source taking over sets that in motion.

Also our brain is like a movie reel that is spinning faster and faster toward the end of the reel. That is why all of these past scenes that have been stored away from this life and others are spinning out of control right now.

The good news is this is proof that Source frequencies saturating every cell of your body. This is helping the mortal mind which contains the antiChrist or Alter Ego to melt away forever.

Once that happens we will be living in the kingdom of heaven in the Mind of God.

Namaste,

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