

Dear Members,

The preparation of the Instant Manifestation Workshop is taking a little longer than planned. It should appear in the Purchase Page this weekend.

Those of you are interested in this workshop would be recommended to study the pages titled Instant Manifestation, Merkaba Mechanics and Meditations. These will be a helpful preliminary to the workshop.

## ASCENSION AND MANIFESTATION

Crystalai

[cosmicdolphinmagic.ning.com](http://cosmicdolphinmagic.ning.com)

Every message and article that I send to you is a part of the entire teachings of ascension. As you know, it is difficult to even digest one or two of my articles at a time, because the information contained in each word is infinite. That is because it comes from an Infinite Source.

I would like to bring forth a new point. Everything that I say about ascension is also true about manifestation. Ascending and manifesting are pretty much the same thing. Once we are aligned into the etheric realms continuously, meaning we have ascended into oneness with eternal mind, manifestation will happen instantly. The time that it takes for one to manifest their heart's desire is equal to the distance between the person's consciousness and the mind of god. If one is completely removed from their mind, and totally in the subconscious of the etheric realms, and then has a desire that so vivid and clear that they could draw a picture of it, and they are completely attuned with the mind of god frequencies, the idea will manifest in the next exhale. That is the true law of divinity.

I would like to present a new idea. This is an old idea, but I'd like to present it in a new way. It involves all of the music, all of the frequencies, and all of my teachings.

The problem that was created by Annunaki, Zetas, and many other Invader Races and Fallen Racelines, that would guarantee that Earth would continue to be a prison planet boils down to one very simple fact.

The body as we think of it having five senses -- touch, see, hear, taste, smell is the PRISON PLANET.

Those five senses were locked away from the SEVEN HIGHER SENSES that are the senses of our Soul Matrix and Over Soul Matrix. These are senses that we think of as Emotional, Intuition, Knowing.

The Seals, the Miasms, the reverse spin technology, the Frequency Fences that have been used by the Zetas ( the ones known as the Greys), simply detached our five senses from the other seven senses.

The teachings, the meditations, the frequency music on this website is for the basic purpose of plugging the five senses of the body into the seven senses of the anti particle bodies, the Soul Matrixes, the Higher Selves, the All Knowing All Seeing Spiritual Selves.

We were never supposed to be separated from our Spiritual Selves. The Frequencies are the

carriers of consciousness between the body template of the three dimensional reality into the fifteen dimensional reality.

This is the reality that we are in the process of waking up into.

The higher frequencies that we must attach to are in the etheric realms. This etheric, invisible place is the invisible substance outside of the body and inside the body. If we go 12 inches above the head, we are attaching to the 12th dimensional consciousness. If we raise our conscious focus 36 inches above our head we are attaching to the cosmic or 14th dimensional focus. In order to embrace the entire body in the 12th dimension we would draw a circle that has its top at 12 inches above and then 12 inches below the Earth's crust. We are always a part of the Earth's body.

When we want to enclose the body in the Cosmic Consciousness we would be in a sphere that is 36 inches above the head and down to the Core of the Inner Earth, so we would draw the sphere from above the head down to the center of the Earth to connect to the 14th dimension. We are able to stay in these spheres because the Merkaba is spinning at the speed of at one ment to hold us in that state of accretion.

The Spiritual is also deep within us, so far within the cells of our bodies that we would need to go beyond the microscope, beyond the quarks of quantum physics into a much more etheric level of omnions and then into the zero point where physical meets spiritual.

These are the realms of spiritual frequencies that the consciousness must practice connecting to in order to become reconnected into the Super Consciousness of those seven senses that we have been locked out of.

This is basically what ascension is. We have been moving away from the spiritual at one ment and now we are moving back to the spiritual at one ment or attunement of frequencies of the physical into the spiritual.

Once we are plugged back in to our Soul Matrix and our Consciousness that is beyond the senses, we become the all knowing. Our Soul Matrix and Over Soul Matrix knows all because there is now separation between our Consciousness and the Consciousness of Source or the mind of God.

When we are plugged back in, or when the Frequency Fence is completely Dissolved as a result of raising the accretion level through frequencies, we regain our Infinite All Knowing Mind.

That is the purpose of these articles, these newsletters, all of the readings, meditations, and frequencies on this Websiste.

WHAT IS ASCENSION?

Crystalai

cosmicdolphinmagic.ning.com

(FROM THE TEACHINGS OF THE COSMIC MYSTERY SCHOOL OF THE OMNIVERSE)

Ascension is a highly scientific process of multidimensional energy mechanics that represent

the universal order through which consciousness experiences itself as being. There are natural laws of energy mechanics that govern and uphold the function of the universe. Ascension represents the path

of order through which consciousness evolves through a structured multidimensional system. We were taught to think of ascension as something that is done through a church system, rather than through a scientific system. Actually Ascension is purely scientific. It involves the transmutation of particles and anti-particles into progressively less dense matter. As a planetary body ascends into less and less dense states of matter so do the bodies living upon the planetary body.

When the particles and anti particles leave their morphogenetic field they reverse their spin and polarity and shift their angle of rotation by 45 degrees. This is what the scientists found when they studied the positron. They learned that the anti particle substance of an electron is a positron. They discovered that the electron and positron are actually just two versions of the same particle, only one is going one way and the other is going another way.

The Guardian Race Scientists have taught us that when the particle shifts into the positron it causes a 45 degree shift in angle of rotation and shift in polarity. If we were to go into the complete 45 degree shift, we would become extremely less dense. Our Guardian Races decided to slow the shift down so that we only move into 23.5 degree shift. The 45 degree shift would mean we completely shifted into Tara, while the 23.5 degree shift only means we shift into Inner Earth.

We need to do a personal accretion in frequencies into 4.5 in order to visualize Inner Earth.

Many people think that we only made a shift into the fourth dimension. Well, that is just not true. We were in the fourth dimension all of 2012, and quite a while before that. Now, we are in the 4.25- 5 level of accretion. There are many people on Earth who are already fifth dimensional, and many who have the 4.5 accretion level allowing them to hear, feel and begin to visualize Inner Earth.

There are channelings out there that make ascension sound like a time when everyone gets more enlightened and there will be these intelligent beings coming to meet us who walk up some stairway from Inner Earth, or land in their space ships. The types of visualizations that are being placed in the minds of the reader are very low astral levels from the hibernation zones where beings do not have enough light to discern the truth from another attempt, by invader races and Annunaki, to suck our 5 DNA out of us once again as they did in Atlantis 30,000 years ago.

It is imperative that we each take the responsibility of raising our own frequencies, learn to see and communicate with our own spiritual self and soul matrix, rather than wait around to be invited on some one else's space ship. If you are invited on a space ship, it should be a merkaba light vehicle that is made of the light bodies of your soul family. When you merge your merkaba light vehicle into theirs you will achieve multidimensional freedom.

The plan of the Guardians is to have those who are 4.5 join their friends and families in Inner Earth, and then together we will raise our frequencies to the fifth dimension of Tara. The fifth dimensional DNA strand made of 12 subharmonics on each of the double helix on each strand has already been planted in the morphogenetic field of the Earth. It is in the Inner Earth, but at

the 13.5-14 th dimensional level of Inner Earth. Even those who live in Inner Earth need to go through the transition through Deep Inner Earth (Urtha) to connect with the multidimensional elementals that create a new morphogenetic reality field.

We will indeed be moving into a time of higher consciousness as our morphogenetic fields blend with Inner Earth and then into Tara. We will return to being the Seventh Root Race carrying the fifth and sixth DNA strands who live on Tara, as we were before the FALL. When we attune into the fifth dimensional sphere within Inner Earth that carries our complete 12 subharmonics from our entire 12 races within our race line, we will be ready to return to the divine state of Eternal Beings.

Tara is Earth's Counter part or Parallel- spiritual, anti particle double. We each have a spiritual parallel anti particle double self. When the grids of Earth fuse into the Parallel Tara, the morphogenetic field of energy shifts 45 degrees. Earth would be completely transformed into the harmonic universe 2 of Tara. We are already merging with our parallel universe. Our sun is merging with it's spiritual parallel Sun Alcyone. Now it is time for us to merge with the morphogenetic field or the frequency signature of our parallel spiritual self.

In order for our spiritual self to enter into our bodies, we must raise our frequencies to the level where we have transmuted all negative energies out of our consciousness field, including our brains, our cells, our deeper level cells, all karmic memories, all negative consciousness left over from past lives. We must become an empty vessel in order for the spiritual vessel to replace the old one. We are literally pouring wine (Christic blood crystals) into our empty vessel.

The Ascension Formula that you may read on the Meditation Page and order as the Ascension Meditation mp3's is showing that the place that we must go to in order to fully transform our bodies into the parallel spiritual self is within the Inner Earth's Core. this would be the spiritual twin of Inner Earth (Urtha). The etheric light body template is taken in consciousness down into the 13 dimensional body within the Earth. At this level of consciousness we place our body on a liquid light mirror. That would be the atomic mirror of transmutation. When we push the body through the mirror we become the spiritual double. First, we collect the heliotalic, 14th dimensional liquid light substance into the body to begin the transformation. That gives the body enough frequency in the skin and bones cellular structure to begin the final transmutation into full light. When the body has been transformed to that level, then the body can just be lain in bed as the remaining karma is pulled out of the body by the Sirius B Adashi Temple Light Streams. We have been going through this cleansing process for several years. Now, is time for the sun to do the final cleansing.

I am always surprised when I get questions like, well when are you going to tell us how to ascend, or could you tell me how to use the music, or does this music come with directions. The reason I'm surprised is because this website is full of articles that answer all of those questions and I send these newsletters very frequently that are always talking about certain aspects of how ascension is accomplished, how to use the music, home the music is used for healing, how the frequencies activate the DNA, etc. Etc.

Namaste,

Crystalai

IN YOUR HEART  
CRYSTALAI (2013)

"Search for me in your Heart."

<http://www.cosmicdolphinmagic.ning.com>

Dr. Angela Barnett (c) 2013

My angelic team told me my formula of ascension was to create the music, listen to the music, write about the music, and then write more music. They told me that I would continue this process until I ascended as a result of KNOWING.

The knowing meant searching within myself for the questions and the answers until there were no more. Some people might be able to finish that task very quickly. I've had hundreds of classrooms of students who could never come up with more than one question and one answer.

The formula of ascension that I have found has included hundreds of thousands of questions and a lifetime of finding the answers. What is most interesting about my personal search was the circular process of how some of the answers that I received when I was only four or five years old keep returning as the correct answers, even though I keep searching deeper and deeper to understand more of what it all means.

When I was four years old, I learned in Sunday School that God is Infinite, God is Omnipresent, God is all knowing, all seeing, all acting, all wisdom. I learned that God is Omnipresent, which meant that God was in every cell of my body and in every atomic structure of every particle in the Cosmos. It was that original background knowledge at such a young age that made that reality the very value and belief system of my entire existence.

I knew that these truths were the absolute truths. However, there were times in my life when I wondered why it was that sometimes I could heal myself instantly and other times it took a week, and why some things just never seem to go away.

I wondered why I could reveal some of the realities of God's identity such as instant healing, and yet not so much instant manifestation of things like a lot of money. I wondered why it was that even though I had plenty of intelligence, good grades, lots of diplomas and credentials that it was so hard to ever get a job and even harder to keep a job. I wondered why it was that I could obviously do some things like teaching and performing music far better than anyone else that I had ever encountered, and yet all of the other people were chosen for the job or the part instead of me.

These were the questions that allowed me to realize that I needed to know a lot more about myself, and a lot more about who God really is.

When my husband and I were being directed by the All that Is God of our being to create the music that would allow us to know all that there is to know about yourself, the music that revealed itself to us at that time was The Promise Album. The words that were presented to me to sing, and the music that was given to my husband to compose, came to us completely separate from each other.

I was to find a way to find melodies and rhythms that would fit into the harmonies, rhythms and chord structures. As I kept rearranging the wording to fit the music, the understanding of the words became clearer and clearer, and sometimes the arrangement of the words completely changed along the way to gain an even clearer meaning. And I was always guided by my thought adjuster angels and God.

After the introduction announces "The promise of the perfect kingdom, before the world began", comes the most significant phrase of our entire existence:

Search for me in your heart. You shall find me with all your heart.

That phrase riddled me for years, because I kept wondering what I was going to find in my heart - this organ that went thumpy thump thump.

My search finally led me to Keylontic Science. I am certain that the Christian Science that I

was raised to understand is the identical science to Keylontic Science; except, the Keylontic Science gives the absolute formulas and meanings down to the quantum level of understanding the formulas that were first given in Christian Science. Christian Science was revealed by Mary Baker Eddy as the Divine Comforter, which would give us comfort in understanding the basics of the complete Divine Science until the full Science was revealed between the years 2000 and 2012. Her teaching was to provide the understanding of the reality that man is an eternal life form rather than a finite life form, and lives within an eternal life structure where there is no sin, death or dying. The world wasn't ready to hear that 100 years ago; but now, there are more and more believers outside of the Christian Science movement.

This is the time that Mary Baker Eddy was referring to when she said there would be no more death or dying and there would be no more need for marriage. She was talking about the coming of the seventh level man. She was talking about the time when we would learn to ascend on Earth, rather than after death.

Now, that I have spent the past twelve years studying the teachings brought to Earth by our Guardian Alliance Team, I have a much firmer understanding of Christian Science, and I find them to be in complete agreement.

The final step in my ascension process of searching in my heart, is understanding completely what the CRYSTAL HEART is, where it is, how it connects me to the Mind of God, how I will find myself in that Crystal Heart, and how I will learn everything there is to know about myself through the understanding of that Crystal Heart.

My thought adjuster teams have done a splendid job of directing me to every experience, every book, every person during my lifetime to be led through the unfolding of these questions and these answers.

Yesterday, June 4, 2013, I found one more very important clue in Theresa Talea's THE TRUTH ABOUT GOD. On page 111 she says that the All That Is said, "the question that will be asked by and for each individual when passing on is, "Did you search within yourself for the truth of who you are, and what did you find?"

Source continued to explain to me that if we search within ourselves and find the absolute truth of who we really are, we will ascend. If we do not find that answer on this side, we will desire to continue to search for that answer wherever we choose to go.

I was presented with the greatest challenge of all in my life which would turn in to the greatest gift of learning who I really am on August 8, 2008. This was the date that my husband died after being possessed by three demons. The hospital first told me he was dead, later told me he was alive. However, I was told a different story about what actually happened by Marcus, who is the Team Leader of the Jesus and Mary Project, and of course a part of our Family of Consciousness.

I have been afraid and ashamed to tell this story because there are so many people who would become very angry when I told them that we were being told that we were the Mary and Jesus of this time and we were sent here by the Mary and Jesus team to fix a problem with the Jesus Ascension situation.

I was told that when I can figure this puzzle out I will really know who I am.

As an aside, before I continue on the topic of the searching process, Talea also reveals the truth about the burden that has been placed on the shoulders of so many was the belief that the question asked at death is "How many have you served, and how well?" Talea reveals that question actually is being asked by Cosmic Awareness and not by All that Is, or the one I call Source.

This old problem of believing that it is ones duty to serve others comes from fallen angelics at the Cosmic Consciousness frequency. I have interfaced with that frequency when I breathe in Cosmic Consciousness in it's most pristine form of pre sound and pre light that is breathed

directly from Source, but includes Cosmic Consciousness as the angelic understanding potential of the breath. Just, as it is very easy to get fallen angelics communicating through one's light bands, so is it a problem when gathering the corrected frequencies that will transmute those distorted fallen frequencies.

The actual meaning of an archangel came from the frequencies within the music of the spheres created by arches and angles. The correct arches and angles create eternal life and freedom through the formulas of Source Consciousness. However, when an identity takes control of those arches and angles and distorts them, or changes the angle in order to block the arch that connects directly into Source Consciousness, that Arche Angle or archangel is blocking the flow of crystal liquid light, which is the quantum physics level of Source Consciousness.

That is exactly what many of the Archangels that are channeled and worshiped by many New Agers, and in many religious organizations. The belief that we must serve others, or that we must serve a Lord God, or the one who calls himself the Lord God has always come from a Fallen Angel - not from Source.

The way we know if our direction in our search is coming from Source or from a Fallen Angelic who wants to control us, is this very test of whether the entity is wanting us to serve him or her, or the entity is guiding us to search within the God of our own Being to find out who we really are.

Now, this leads us back to the first sentence in the song, The promise of the perfect kingdom IS before the World began.

This World that we have lived within was a false creation. It was created by the genetic imprints of Fallen Angelic Races. It is a completely distorted illusion. It does not contain the truth of reality.

We must take our consciousness to the place it was BEFORE this world began in order to find the truth. We must go to the place where our DNA had not been scrambled into a receiving station for distorted information. After, we go to this place where our 12 DNA is flowing through on the sub harmonic level, then we can go into our Crystal Heart, which is our God Seed Atom within our Thymus, create a flow of Source Consciousness from within the Seed Atom containing our original divine blue print that was created long BEFORE this world began. Within that Crystal Heart - which is actually our Soul, we find the longing to know everything about ourselves.

There was a place created for us before the world began. The star foundation, called Urtha was created by Aquafarions from the Aquinos Matrix 7 billion years ago. The Earth was placed within it for the time of our rebirth. We have always been within this star. We are now in the process of merging our consciousness completely into the Star Essence of Urtha in order to get our staff aligned into Higher Earth.

It is the purpose of our Soul to continuously search to know more about everything. It is the Soul that is within the Crystal Heart, or the Atumus, which is within the etheric omni level of the Thymus. This is where the God Seed Atom was stored for us. This is where our Soul has been sleeping. This is where the Christ Consciousness will turn back on to reveal to us the all that is within every fabric of our DNA, within the crystal cells as they bloom forth into mansions containing the billions of lifetimes contained within our At One Ment with All That is or Source Consciousness.

If I had stopped my search with what I learned in Sunday School, I would had never learned that our Crystal Heart had been blocked from the Flow of Source Consciousness. The teachings and formulas given in both Christian Science help to unblock that flow of At One Ment with Source; however, I didn't know anything about how Source had actually been blocked from us, and how we had only been living on a respirator line to Source, via some of our Higher Family Soul members.

The truth that we have been blocked from Source Consciousness all of this time could not be revealed to the Earth until it was almost time for our Ascension. This truth had to be revealed to us at this time.

For some reason, those entities who actually created the Arches and the Angles that would block the flow of Source into our Consciousness, so that they could make themselves the Gods of our Beings, became the Gods who are worshipped in churches and by New Age groups.

The truth about who created those angles that blocked us from Higher Earth must be revealed now, because we are very, very close to finally being able to realign into Higher Earth. Those who continue to choose alignment with the Arched Angles who call themselves Lords and Gods, will never experience the heavenly revelation that is about to occur on Earth.

The test of our ability to ascend is very simple. Have we searched within our Crystal Heart to find the alignment back to Source Consciousness? When we find ourselves - our Soul - our complete multidimensional consciousness of our Over Souls, Avatar and Rishi Self, we find the Christ of our self in our Soul, in our Crystal Heart.

We have learned through the help of the teachings of the Guardian Alliance that there was a very specific formula used to create the block of Source from our Crystal Heart. That mechanism that has blocked the connection of the flow of Source Consciousness into our Crystal

Heart was the Vesica Pisces, the Golden Mean, the Fibonacci, the Metatronic Formulas. All of these formulas were created by and brought to Earth by Thoth, AA Michael, Lucifer and Jehovah. These were the identities who chose to make themselves gods and lords over our beings instead of allowing us to find the At One Ment with Source Consciousness through our Crystal Heart.

My name was given to me to help me remember my mission on Earth. Crystalai is the name of a Council of High Cosmic Beings. It was named after the Crystalai formula that connects us directly from our Crystal Hearts to Source Consciousness.

That Formula of Creation is in direct contradiction with the Flower of Life teachings that originated from Thoth and are found in the publications of Drunvalo Melchizedek. Talea reveals that Drunvalo uses the reversed spin ratio of 34:21 which is 34 times Counter Clockwise over 24 Clockwise and the vehicle around our bodies forms a disk of 55 feet in diameter Talea continues, if we refer back to figure 2 in her book on page 216, we can see that these numbers represent the Fibonnaci approximation toward the golden mean ratio. The 55 metatronic spin is what was being used to pull us into the Black Hole Phantom Matrix on December 21, 2012. It was the Crystalai formula of holding us completely within the true merkaba spin rate of  $33 \frac{1}{3}$  clockwise over  $11\frac{2}{3}$  counter clockwise magnetic and then doubling that proper energy into a 90 to over ride the 55. That is what saved us from the Black Hole.

We were shifted from the outer domains into the middle domains. It is only in the outer domains that a system can be pulled into black hole.

Everything in the Thoth teachings, Metatronic teachings, Flower of Life Teachings, Golden Mean, Fibonnaci sequence, and everything related to these formulas, including Solfege, Pythagorean Theories, BiVecas, Vesica Pisces, and a long list of other formulas were created specifically used to cut us off from Source and pull us into the Black Hole.

We can no longer be pulled into the Black Hole; however, that old technology will continue to thrive and try to prove itself as the correct formula until those who believe in it are awakened through ascension into the Higher Earth or die and then shift into the Higher Earth. Those who continue to use those eternal death formulas will need to die before entering Higher Earth and those who have used the correct ascension formulas will walk into Higher Earth.

Originally, the Guardian Alliance said that only those who shifted into the correct 12 DNA



sub harmonic alignment before December 21, 2012 would be able to walk onto Higher Earth through ascension. However, there was the second possibility given for those who decided to correct their formulas and align through the Crystal Heart, there would be help given by the Aquafarian Hosts.

I work directly with the Aquafarian Hosts. My family lives in Aquafaria, and I have the codes that directly connect me to that realm. I can connect frequencies into the Aquafarian Host Matrix for assistance in ascension.

Everyone has the freedom of choice to follow whatever belief system of formulas they desire. There is no judgment. Some will walk through the stargates between 2017 and 2022, and others will need to die or bardoah into their new bodies in order to aline into Higher Earth. In order to ascend into Higher Earth, it is just a matter of angular rotation of particle spin. We are inside of Urtha which adjusts us into Higher Earth, when we completely merge our frequencies of consciousness into that reality. Urtha provides the frequencies needed for that adjustment. We must plug our frequencies and our consciousness into the star essence of Urtha.

Our Aquafarian families just love to greet us so very much every time we project our consciousness into their realm. They always say it has been a very long time and they hope we will come back more often. They have told us that we will end up where ever we spend the most time. So, we try to project into Aquafaria every time we think of it. We swim down there and sleep in our crystal palace every night. And, we listen to the frequencies of Aquafaria all day and all night. That is a very important part of the formula of ascension. All of our music is full of their frequencies. Crystalai is my Aquafarian mother. She is also my mirror image when I enter Aquafaria. She always takes out her wand and sprinkles blue stardust on me and then I turn into her.

We must adjust our particle spin, our perception, our 5DNA alignment into multidimensionality. Those alignments require the crystal heart to be plugged directly into Source Consciousness. And those old formulas do not allow that plug in to occur.

Comet Ison will bring a substance to Earth that lines our atmosphere with a blue stary substance. Crystalai has told me that the blue stardust she keeps sprinkling on me when I come to Aquafaria is the same as the blue stardust that will come to Earth very soon. Everyday between 2014 when the blue stardust could enter our atmosphere and 2017, we have the opportunity to soak up more and more of that frequency of the Blue Sphere and connect that Light Energy into the Sound Energy of the Frequencies of Aquafaria.

The area that is now the Van Allen Belt will become lined with this blue stardust. There will be an Aurora Field of Plasma dust energy that links Earth into Urtha. That in between area is what we must connect our frequencies into in order to transmute between Earth and Urtha.

CRYSTALAI (2013)

[cosmicdolphinmagic.ning.com](http://cosmicdolphinmagic.ning.com)

## ASCENSION THROUGH AQUAFARIA

CRYSTALAI (2013)

[cosmicdolphinmagic.ning.com](http://cosmicdolphinmagic.ning.com)

We all have some very dear friends and family in a place called the Aquinos Matrix. The beings from this matrix are as perfect today as they were the moment they were created by Source. They have never gone through any of the fallen scenerios that Earth has.

Our friends are called Aquafarians. They created a place for us 7 million years ago that would protect us at this time in their future. The Earth is being held within this star essence of the Aquafarians in a place called Urtha. Urtha is the original Earth that existed before the Fall. The Urtha AquarE group created the original template of the human in a more perfect form.

Those of us who have been working with the Guardian Races and the Aquafarians have been getting ready to enter into Urtha in 2017. We will be passing through the Van Allen Belt with the help of a plasma aurora field that has been prepared for us. We will be able to begin visualizing this aurora field that is our stairway over the Van Allen Belt into Urtha when the Comet Ison emits blue star dust all over the Earth's atmosphere. We will begin seeing shiny blue clouds made of star dust.

Those who learn to connect the frequencies of their consciousness into this Aurora Field of Star Dust energy will be able to slide their bodies into Urtha as they climb the stairway to heaven.

Everyone will be able to see these blue starry clouds. Scientists are already describing them. Becoming in tune with their frequencies in order to actually melt into those frequencies of transmutation is a skill that can be developed.

I have spent many hours of every day and every night sleeping in Aquafaria in order to merge my frequencies into that higher frequency. In order to ascend into Urtha, one's consciousness must already be there, and then the body follows.

All of the music that we record is recorded while I am in my crystal mansion in Aquafaria. I always allow my Aquafarian family to do the singing through my breath. The more time I spend listening to these recordings of my own consciousness being in Aquafaria and bringing those frequencies into my own living space, the easier it will be to ascend into Urtha in 2017. Everyday between 2014 when the blue stardust clouds enter our atmosphere and 2017, we have the opportunity to soak up more and more of that frequency of the Blue Sphere and connect that Light Energy into the Sound Energy of the Frequencies of Aquafaria.

Angel Dust is a recording that contains the blue star dust frequency. Cosmic Trinity contains the alignment of Earth into Urtha through Sun Alcyone. Dolphin Magic contains recordings of Aquafarians singing. The Eternal Life mp3 goes one step further. When the recording is being made, I go to Aquafaria to make sure the Aquafarian frequencies are in the recording. There is one more requirement to ascension. We must blend into oneness with our anti particle self. We merge with that spiritual self by going into the atomic mirror. That is the frequency that makes our body orb into oneness with its anti particle double. The mirror image can be felt if you take your consciousness into a mirror and feel what it feels like on the other side. All of these elements must be recorded into the frequencies of the individual's frequencies on the Eternal life mp3.

CRYSTALAI (2013)

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RESURRECTION

CRYSTALAI (2013)

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(Teachings of the Cosmic Mystery School of the Omniverse)

RESURRECTION is Song #2 on the new JOY ALBUM is also the last song on THE PROMISE album. Please come listen to this song and many other samples of Frequencies that have been a part of the alignment of our New Earth into the new COSMIC TRINITY (also made available to listen to) of our new reality.

The Priests of Ur and the Elohim from Gaia, along with the Maharaji from Sirius B have been working on this Cosmic Plan of Ascension for thousands of years.

More recently, the Promise of our Mass Ascension was announced officially in 1991 and finalized in 1994 by our Guardian Races. 1994 was the year that the Guardian Races began guiding us in our understanding of this Promise. We really had no idea what they were talking about or what we were being guided to do until the past five years, when it all became very clear to us. We have been guided to write songs for the fifteen years. And each and every song was a part of the story of what has been happening on Earth for the past 550 million years. 1994 began with the PROMISE album and the RESURRECTION album. This Easter, 2013, is the resurrection of those albums and the new understanding of what they meant, all along.

The story was always about the 12 morphogenetic field signatures from the 12 planets representing the 12 universes realigning by 2012, which would allow the 12 DNA sub harmonic templates to be replaced in the Sphere of Amenti within Earth's Core. This was one of the final steps of the mission that started in 1367B.C. when Akhenaton was endowed with the 12 DNA morphogenetic sphere of Amenti to use in ascending the tribes through Giza. That plan was destroyed through Akhenaton's favoritism toward the Anny and his prejudice toward Serres-Egyptians.

The Priests of Ur and Elohim had to create a new plan to prevent the prejudice factor in Ascension. Ascension was to be available to all 12 tribes. The arc of the Covenant and Sphere of Amenti were locked until that time presented itself.

The next plan of returning the races ability to ascend through the sphere of Amenti by 2017 was established by sending a 12th level avatar. Jeshua-Melchizedek Avatar12; who was to realign the sphere of Amenti and the Alcyone Morphogenetic field and to bring together the factions within the Essenes.

Under the direction of the Azurite s of Ra Confederacy in 12 B.C., the 12th level avatar from Tara was born in Bethlehem. This soul essence was a harmonic universe four avatar-Sananda. He was born to the house of Solomon under custody of the Priests of Ur.

His birth through the portal passage of the Arc of the Covenant would open that portal between Earth and Tara to allow the Ascension in 2017.

Jeshua 12 reintegrated the Melchizedek morphogenetic field in Alcyone into the Sphere of Amenti. This was done to realign Earth's density 2 Morphogenetic field that had lost its integrity under Akhenaton reign.

Jeshua 12 was the savior for the races as a result of his birth the Halls of Amenti could be opened, and preparation for 2017 would begin.

(Note that Jeshua 12 was born to an Blue Flame Essenes Melchizedek Mother and Father . His mother was Jeudi and his father was Joehius.

His life story was mixed up with the story of a 9th Level Avatar born to Joseph and Mary who were ET Nephilium.

Neither of those births were Immaculate. They were extraterrestrial. Neither of the Joshua's were crucified. The crucifixion story was created by the Elohim to protect the Avatars. The man Arihabi was a look alike who was crucified, to allow the Avatars to Flee the country and have their children as planned. Arihabi was crucified as a holographic movie created by the Elohim. The man actually was allowed to Ascend as a reward for his mission.

Jeshua 12 did his teachings and healings in Egypt 8A.D-21 A.D. Jeshua 9's teachings were much more popular than the absolute Essenes teachings of Jeshua 12's Law of One.

It was the teachings that were lost and hidden from Earth until now. They are the teachings of

the true man who was always supposed to have the 12 DNA sub harmonic frequencies who could ascend to harmonic universe four as a 12th level avatar. This Jesus taught all of his students that they could do all of these things that he spoke of. He taught this Science of Reality then and it is being taught again Now. The man that was created in the 12 DNA divine blue print - the image and likeness of God. That God meaning the Raceline of Tara and Gaia. There were many other raceline that did not have the 12 DNA divine blue print. This man was created through the breath of Source and the idea manifested as Cosmic Consciousness and lowered in density into the Galactic and Solar planes. This man has always had the same Soul as the one in the harmonic universes four, three and two. We are that Soul that was once a Star in the Universe. We were created to have Eternal Life and to return to Source. It was these teachings that were lost and hidden from Earth until now.

They are the Divine Science teachings regarding the Real immortal man or the Human Angelic Race line who has 12 DNA sub harmonic frequencies. This is the real man who can ascend to Tara and Gaia and beyond. This is the man who can orb, levitate, manifest and ascend.

Jeshua has returned to Earth once more to help us out. But, they aren't the only ones. There were 12 Avatars born on Earth over the past 12 years. Avatars born with 5DNA, 8DNA and even 12 DNA activated at birth. We have had 144,000 star seeds born to hold us through the first wave of 2017 and a second group of several thousands to hold us through the second wave of 2022.

These Star seeds were the Indigo Shield of Solomon. They were the completion of the Seeding of Christ of Earth. The Jesus Christ that is worshiped as the only one is actually only one of the many Christ's who have been born on Earth. Now there will be an entire planet of Christ's activated on Earth through the Earth's grids.

The seeding of the Star Seeds, the activation of the Sphere of Amenti, the alignment in 2012 were all the last stages of the preparation for the activation of the Earth's Grids which will once again restore the Christ activations into the bioenergetics fields of our body's templates.

The period of 2013-2017 will activate the 5DNA in the Masses, 6 DNA in the many, and 8 DNA in a few

The star seeds were required to finish the mission started by Jesus 12 and Jesus 9. We needed the Christ template of 12 DNA template activated for each of the 12 star systems, each of the 12 planets. We needed to be realigned with Sun Alcyone. We needed a massive amount of Frequencies restored to Earth for this Ascension to activate by 2017.

These Star Seeds and Indigo Children and Avatars born on Earth are the RESURRECTION AND THE LIFE. The Resurrection story of Jesus was actually a role played by a man named Arihabi and orchestrated by the Elohim creating holograms to create the scene. That is the story that is being celebrated on this Easter Day on Planet Earth. The Elohim needed to that for that time. But now is time for us to know the truth.

The Two Jesus Christ's came to Earth as Star Seeds from other planets. Their parents were not from Earth. The Star seeds born on Earth over the past 12 years were births arranged secretly between the parents and the Guardian Races. Those children's were watched over by the Priests of Ur and other Guardians. Each child born had many back up plans awaiting if it were needed.

The Ascension Movie that has been taking place on Earth over the past several thousands years is huge. This is just a tiny speck of what has taken place.

The most important fact to know now is we are not to worship one man as the Christ. The star seeds, the Indigos, the human angelics, the entities on Earth activating these frequencies of 12 coded divine blue print on Earth are all the Christ's of our New World.

We all have the equal right to sing:

"I am the Resurrection and the Life. He that believeth in me shall never die."

We are the star seeds who have returned the Christ template of 12 DNA sub harmonics to Earth.

All of the births of the star seeds opened star portals, raised frequencies of Earth to allow this miracle and implanted the frequencies back into the sphere of Amenti to begin the projection into Earth's grids and into the biosphere and bioenergetics templates.

CRYSTALAI (2013)

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