Beloved masters, you are presently in the midst of becoming your genuine, authentic Self through the process of ascension, which involves ever-expanding cycles of Soul growth. Your OverSoul-Higher Self is ever urging you onward and upward into the Light of more complex and powerful fields of consciousness. The quality of your life's experience is determined by the frequencies of your thoughts moment-by-moment. The more energy you put into a thought, along with the repetition, determines how quickly a thought pattern will manifest, and how it will affect you in your present reality. Your thought forms radiate outward in an Infinity pattern where they join with compatible energetic fields of consciousness-a specific level of mass consciousness energy within the sub-dimensional hologram of life in which you presently exist. The frequencies of fear and negativity are very powerful in the third/fourth-dimensional stream of mass consciousness. Whatever negative emotions are the strongest in any situation will constantly be presented to you in different ways until you transmute the discordant energy into higher vibrational Light patterns.

As more and more of your old reality fades away and you move deeper into uncharted territory, you must learn to trust and have faith that the future is unfolding perfectly no matter how chaotic and disruptive it may seem at times. First, you must learn to trust yourself and this can be the most difficult step, for you have been taught that others are wiser than you, and they know what is best for you. This may have been true when you were a child; however, you are now adults with a golden opportunity before you, for the wisdom of the higher universal truths is now available to all humanity. We of the higher realms are here in great force to assist you to attain Self-Mastery and to reclaim your rightful state as a Spirit-infused, human Being.

In some form, all of you have given away your power in most of your incarnations on the Earth. You became conditioned and accustomed to what has been called the "herd-state," whereby others in positions of authority set the rules and told you what to do. Like it or not, you adhered to the accepted, restrictive dogma of the time, for it felt safer than to resist and try to chart your own course.
A vital component of Self-mastery is learning to function through the intellect of the Sacred Heart. As you strengthen the connection between your Sacred Mind and your Sacred Heart, you will begin to access the wisdom of the Soul, your Higher Self and the multidimensional facets of your Self. Your Soul, your Higher Self, your guides, guardians and angelic helpers communicate with you through your Soul Self and your Sacred Heart. The whispers of Spirit in the unawakened become a mighty voice of loving wisdom and comfort as you awaken to the strength and majesty of your own divinity.

Your chakra system was designed to draw forth and integrate Creator Light/energy into the human body, as well as to contain all of the attributes, qualities and virtues of your godly Self. The function of the glandular system is to transfer that energy into material substance to be used by the physical vessel. You are relearning how to breathe the way you were originally designed to breathe, which gives you access to Prana, the breath of Life, and also assists in the integration of the pure Creator Essence of life called Adamantine Particles. In those first golden ages, these wondrous tools and techniques were used without distortion to manifest unlimited energy, and they facilitated the creation of everything necessary to live in comfort and abundance. In those wondrous times, the Earth was a true paradise called the Garden of EDON.

In order to gain access to and connect with the higher mental body, you must strive to stay centered within the Sacred Heart. This process can only be initiated once you have a firm control on your physical-emotional body. The conscious mind must have periods of silence in order to attune to the subtle whispers of the Soul and your Higher Self. You will attain peace of mind by consciously breathing through the Sacred Heart (the Infinity Breath), which becomes a natural way of breathing once you establish the Infinity Pattern within your physical vessel, and practice the technique until it becomes a habit. It is vitally important that you learn to breathe mindfully. Through the process of focused breathing-by following the path of the breath-you will gradually become aware of the different parts of your body. Your Body Elemental’s signals of discomfort or dis-ease are very subtle at first. If you do not heed these signals, they will gradually evolve into pain or possibly a serious illness.

While existing in the restrictive vibrational fields of the third-/lower-fourth-dimensional world, humanity has access to only the half-spectrum Primal Life Force Energy-energy which creates crude matter and creates evolutionary boundaries. We have spoken before of the structures of the material plane of consciousness, and how the structured beliefs you have created imprison and restrict you just as
effectively as can any physical structure. Your physical body can be a vessel of
delight, joy and freedom, or it can be a prison of pain and limitation. Your
relationships, job, family or spiritual beliefs can be beautiful, rewarding and bring a
sense of self-worth, satisfaction and accomplishment, or they can be a heavy
burden and make you feel unappreciated, worthless and dis-empowered.

We have often said that moving out of your comfort zone and the collective
conscious belief structure is a very courageous thing to do. Bravely going forth to
seek and live your own truth is the first step in taking back your personal power. As
you release the shackles of the past and come to the understanding that you are in
control of your future, you begin the process of awakening to your potential as a
master cocreator. As you gain wisdom and begin to enjoy the positive results of
your endeavors, you begin to trust yourself and your judgment. Your multi-sensory
perception expands and becomes stronger, and you learn to view both the positive
and negative results of your choices from a higher vantage point, thereby gradually
learning to make decisions from a heart-centered point of view.

You are learning that in order to create your new reality of joy, harmony and
abundance, you must endeavor to discover and integrate your own highest truths,
and then live your personal philosophy to the best of your ability. Through
experience, you have learned the rules of karma, the painful cause and effect results
of distorted thought and action. Down through the aeons of time, you have become
proficient cocreators in the material realms of existence. Through much effort and
practice you have learned to mold Primal Life Force Substance into a multitude of
forms, many of which were elegant and inspiring, and others of which were
distorted, for they were a reflection of your diminished vibratory force field.

The process of ascending into the higher-dimensional realms of greater Light
requires that you strive to unify your earthly consciousness with each higher
vibrational level of God-consciousness. The Grand Plan was designed so that your
reentry into the higher realms would be accomplished through the integration of
the *White Fire Seed Atoms* stored within the Diamond Core God Cell of each more
advanced, facet of your Higher Self. One-by-one, step-by-step, you are integrating
the will power, the wisdom, the attributes and qualities of each vaster facet of your
OverSoul. How quickly and easily you accomplish this is up to you, for you were
given the gift of *FREE WILL*, which is an important component within the grand
design for this Sub-universal experience.

Every facet of Creator consciousness in this Sub-universe has experienced Soul-
body fragmentation, and every Soul, at every level and station of Beingness, is now
in the process of healing and reuniting with the many facets of Itself. You will integrate as many facets of Self as is humanly possible while in your present physical vessel, and the process will continue as you traverse the higher realms of existence. You are bio-computers with harmonic resonance. Each of you is a complex vibratory Being. You have become accustomed to the slower, denser energy of the third/fourth dimensions; however, you are in the process of balancing, harmonizing and lifting the resonance of your force field in order to ascend into a more refined, higher-dimensional state of Being. You must remember that you are a unique facet of the Creator, and you should treasure your uniqueness as you strive to return to the Oneness of your Divine Self. You have a wealth of experience and wisdom to share with the multiple facets of your Self, and your successes have been duly recorded in the Cosmic Records for future reference. You are learning to erase from your memory and free yourselves from the confines of the collective consciousness belief system; and via your Pyramids of Light in the higher dimensions, you are also learning to soar into the more refined realms of awareness. Each time you do so, you gradually bring back with you into your physical vessel and your auric field a portion of the uplifting, harmonious frequencies of the higher realms, which build a stronger, more radiant and expanded force field around you.

When you are filled to overflowing with Love/Light and your OverSoul-Higher Self is the director of your life and experiences, you no longer worry about getting your share of love, wealth, respect and so on, for the validation of who and what you are radiates forth from within. That is when you move into the higher vibrational mode of a Self-master, and the little self or ego desire body returns to its proper role as a servant of the Soul Self. You know without a doubt that you have access to the riches, virtues and talents of your Divine birthright, and that you create your own reality via your seed thoughts, intentions and actions. Group consciousness and interaction become more important to you than individual friendships. You are developing all-encompassing, unconditional love and compassion for everyone, and you are no longer totally dependent on anyone person or any thing in the physical realm.

When you call upon your Higher Self each day before you arise, and ask that your will be aligned with the Will of your Divine Self for your greatest good, a shaft of golden/white Light will surround you, each and every moment, as you go out into the third/fourth-dimensional world. In this way, you are giving your Soul-Self permission to guide, inspire and direct you. You will be strengthening the connection between your Higher-Self, the angelic realm and the great Beings of Light so that they may begin to communicate with you through your intuition, and they will assist you in
making the highest choices each and every moment of the day.

Everything expands from the center outward, including all creation. The closer you are to the center, the more God Power and radiance you will possess. As you progress on the path of higher Self-awareness as a shining Being of Light, sacred love, a joyful, serene demeanor, along with an intense desire to be of service to others will prevail.

Diligently make it a habit to focus on what is right in your everyday life and the world, and begin to envision yourself as you desire to become. We have emphasized that you must practice nonjudgment and that includes judgment of Self. Remember, you now have access to all of the Creator Particles of Light/Life that you can draw forth into your Sacred Heart, and always be aware that these Adamantine Particles of Creation can only be activated by your pure loving intention.

Faith is an intrinsic facet of trust: faith in yourself and your judgment, faith in those around you who have proven themselves trustworthy and honorable, faith in our Father/Mother God, the universal laws, and the Divine Blueprint for the future of humanity. We are not speaking of blind faith, for that is another way of giving your power away to someone else—their teachings or rules. In your material world, faith is built through actions and positive outcome, a function of the mind filtered through the heart. The heart is both a magnetic and radiating vortex, and it is the storehouse for the true source of human power. Your Sacred Mind holds the seed thoughts of your past and the future, and it is your personal source of the Divine will and power from our heavenly Father/Mother God. Your seed thoughts for the future must be incubated within the Sacred Heart, and the Adamantine Particles of Creator Light ignited by your altruistic love. Thereby, through your pure intention and actions they are manifested in the world of form. Abundance of all kinds is a natural manifestation when you are in harmonious attunement with Spirit and the Divine Plan for the greatest good of all.

Dearly beloved ones, it may seem as though the world and your personal life are falling apart. Your personal reality is shifting and changing so quickly that you feel as though you are living on "shifting sand." The tests and challenges are so dramatic and are happening so quickly that you feel overwhelmed and often wonder: "What am I doing wrong and when will it end?"

Remember what we told you about the Dweller at the threshold and the Angel of Presence who stands guard over the Portal of Light? You, the Wayshowers and designated Vanguard, are clearing the Sacred Pathway, and you are laying the foundation for the Divine Blueprint/frequencies of the New Age. In
order to do so, you must clear and harmonize the major portion of discordant vibrational patterns that remain within your four lower-body systems: physical, mental, emotional and etheric.

*This is necessary in order for you to integrate as much of the "radiance" of the new, more powerful God Rays as possible-the powerful and transformative Essence of the Creator-which is now bombarding the Earth and humanity. We have told you that the situations you are now experiencing are not specific "karmic actions" that you are clearing, for millions of you have moved into a State of Grace, and are no longer affected by the past. They are a refinement process or a "Ritual of Passage," which is a necessary cleansing and clearing process, so that you may step through the doorway or "Portal of Light" into the rarified realms of your future world. The Angel of Presence is slowly opening the Portal so that more and more Light may shine through and assist you to complete this Ritual of Passage. You are nearing the end of the "tunnel of transformation," beloveds, and we encourage you to "HOLD STEADY." Your daily and nightly prayers/mantras should include: "I SHALL PREVAIL."

We are ever near to give you strength when you falter, to share our wisdom when you are confused and do not know which way to turn, but first and foremost, we are here to love you now and forevermore. I AM Archangel Michael.

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