

Soul Mates and Twin Flames.

by Susan



There is much confusion about soul mates and twin souls. Very often these two terms have been used synonymously. They are not synonymous. One can and do have many soul mates but one has only one twin soul. In order to understand how these terms come about one must begin from the beginning. Aeons ago, many dispatches of souls or sparks of divinity were discharged from the Source or Godhead. These were destined to be human souls. The numbers in each dispatch vary considerably. The least number is a few, but the numbers may go to millions. The usual numbers are in the hundreds or thousands. The numbers are dependent on the maturity of the souls and the main purpose of their journey. The more mature or spiritually advanced they are the lesser number will be in the outburst. The first timers will be in the hundreds of thousands or millions. This process has been going on from time immemorial: there was no beginning and it looks as if there is no end.

Take an average group of a hundred and twenty eight souls in the one discharge from the Source. They begin to cool on the way down to the physical world. There are many, many worlds in just as many universes. This group of souls has decided to target planet earth. They start to descend through the pre-angelic and angelic realms in a very hazy and dreamy fashion. Very little is remembered of this period. Memory of the remaining journey down the celestial, spiritual, mental, astral and etheric realms is just as blurred. The entire journey down to the etheric/physical realm takes thousands of millions of years until they arrive at a physical planet. In the first incarnation, the group went into rocks as minerals. The entire group of souls took form in the same mineral, e.g. jade or calcium. They remain in these rocks until they were about to be upgraded to vegetation and that was when the planet had to disintegrate into smithereens. The life span as a rock took millions of years.

In the next stage the total soul group of one hundred and twenty eight souls would have to change planet. This time round they would go into the vegetation kingdom. Again all of them would remain in the same family of plants as they progressed. If the leader decides to be an orchid, the remaining soul mates would become the same type of orchid. From thence onwards, the whole group would grow spiritually by dying and being reborn into different types of vegetation, e.g. bushes, flowers and trees of various types etc. It is in this kingdom that we first learnt about death. We were destroyed by being trampled upon or eaten by

animals or humans. After millions of years of being in the vegetation kingdom, we then moved on to the animal kingdom. Hitherto and including the animal kingdom we remain as group souls although we have already been individualized. At this stage the total group of 128 souls tend to remain as one type of animal. As group souls we do not have self-awareness. We only know the difference between 'us' and 'them'. Again having reincarnated through many categories of animals, we arrive at being Australopithecus afarensis more than 3 million years ago. Then Homo habilis (the handy human) lived in Africa roughly 2.5 million years ago. Homo habilis walked upright and has the same dexterity as modern man. He had a brain half the size of modern man. This is the first precursor of man. The Australopithecus had a brain capacity of 400 cc. Then roughly about more than 1.5 million years ago Homo habilis evolved into Homo erectus, which has an average brain capacity of 850 c.c.

The Neanderthal is the transitional stage between the H. habilis and H. sapiens. The Neanderthal who was the first H.sapiens came about 200,000 years ago and became extinct 35,000 years ago. It has the same brain capacity as modern man, but its skull structure is more primitive than modern man's. The Neanderthal is the first human ancestor to bury his dead. This is about 60,000 years ago. However, around 35,000 years ago, the Cro-magnons completely replaced the Neanderthals and totally populated the earth. The Cro-magnons has a brain capacity of about 1,400 c.c. At this human stage, the Cro-magnons begin to 'know that we know'. From this point onwards, the Cro-magnons began the human journey in earnest. We began to feel instinctively when we met our soul mates: there was an instant attraction to all the other 127 soul mates, but we still did not know that each of us has a twin. In the vegetable and animal stages we tended to move in the same group, and we were always not very far from each other including our twins. However, as humans we may be dispersed thousands of miles away from our soul mates. And as soon as we meet any one in our soul group we instantly feel an attraction to the other. In the primitive stages of our human evolution we certainly would not be able to differentiate between our soul mates and our twin. It is only very much later, nearing the time of the return journey to the spiritual realms that we are able to recognize our twin.

The Breakdown Of The Group And Its Return