

CHOOSE ASCENSION OVER DEATH

Once you have opened your brain capacity to full use, you can at will command the body to raise its vibratory frequency to the point where it goes out of the frequency level of matter and into the vibratory frequency of light. That is called ascension. Ascension is simply the means of taking the entirety of your being into another dimension of your accepted consciousness.

Death is certainly one way to get there, but that means allowing the structure of the embodiment to fall into age and decay and to be no longer. Then you are without the embodiment. Ascension is taking your embodiment with you. Those who have ascended this plane have mastered the ultimate, which is death. They have learned how to raise, through the power of their thought, the vibratory frequency of the body's molecular structures to the point where the body is taken with them into a light existence, thus forever bypassing death when you take your body with you, the body can be raised and lowered upon any frequency level you choose.

So if you choose to come back into this frequency, you never have to look for another body, with another ego, in order to exist in another life, with another family, in another country. You no longer have to be born again into this plane of limited thinking only to undergo the programming of social consciousness and have to fight for the expression of self in order to regain your knowingness. You do not have to learn all over again that the body can be restored to the purest light-form from which it came. You do not have to learn again that this is just an illusion and a game.

Once you master ascension, you maintain your body forever and can come and go at will with your own embodiment. Then any moment you wish to be a part of this plane again, all you have to do is lower the bodily vibrations to where it vibrates at the same frequency as this plane, and here you are.

All here are capable of ascending, for that which lurks behind the illusion of flesh is the creator of all universes. And you at your own choosing, through unlimited thinking, can make this manifestation occur. When you learn to master judgment against your thoughts and allow yourself to receive all thought, you have the power and the ability to become any ideal that you envision. Then you can do or become anything through thought. You can take your thought, concentrate it on the body, and command the body to vibrate faster. The body will then elevate towards the ideal that the thought holds steadfast for it.

The whole of the body will begin to vibrate at a greater rate of speed. As it does so, the temperature of the body will rise and the body will begin to take on a glow. As it continues to vibrate faster, the matter of the body will go into pure light and then into pure thought. Then that which was seen is seen no longer. Ascension is very easy to achieve. In truth, it is simpler than dying. What is difficult to achieve is mastering judgment against your thoughts. What is indeed difficult to achieve is mastering the illusion of time in order to allot yourself the patience to do it. But once you do, ascension is simply a thought away. Then you have retained your body for all times and can thus be a traveler upon any plane at any moment you choose.

Death is an accepted reality on this plane, which all think must be; thus it has become a reality. Entity, the only reality is life; everything else is an illusion. Illusions are thoughts, that are games, that become realities. Death is not a necessary rule in this kingdom. It is far easier to take the body with you.

No one has to die. You will die only if you believe you will. But the body need not ever die. The Gods who designed it did not design it to last for only a fleeting moment in time. They designed the body to live off its glands, not its organs. And through a flow of hormones from the glands, the body was designed to live hundreds of thousands of years and never grow old. That was how it was programmed in its cellular structures. Only a short time ago in your history, entities lived to be thousands of years old. Death is only the ending of the body, not of the personality self. But it is through the attitudes of the personality self that the life force of the body is degraded and the body is evoked into what is termed death

Your body responds only to what it is told to do. Your soul, which sits beside your heart, governs the entire body through its emotional structure. The soul is what causes hormones to be dispensed throughout the body in order to maintain life in the embodiment. The soul does not do this on its own but rather under the direction of your attitudes and thought processes. Because of your attitudes here, the hormones cease to be created in the body after puberty. When they are no longer created, a death hormone is activated in the body and the whole body begins to break down, to grow old, and to die.

The death hormone is activated in the body because you live in guilt and self-judgment and the fear of death. And to you, beauty is based wholly on the appearance of youth, not on the character of one's being. You anticipate death by purchasing insurance to bury yourself. You purchase insurance to protect your treasury if you become ill or diseased. You are doing everything possible to hasten the aging and death of your embodiment because you wholly expect it. The body is only a servant, an instrument of collective thought. It is a magnificent creation, the most refined instrument there is. But it was not created to have a mind of its own. It was created specifically to be a servant, and it will live only as long as you allow it to live. If you accept thoughts of old age - expecting the body to wither away and die - or deny yourself love and happiness and joy, your body will gradually descend itself into the corruption of death.

You know, master, in this very moment you can cease time completely and live in the foreverness of this Now, if you so choose, for is time not an illusion? Who has seen it? A great hypocrisy exists here because you refuse to believe in the unseen, yet you wholly worship and are enslaved to time. You have the power right within you, right where you are, to reverse the age of your embodiment back into youth and to live on and on and on. How? Simply through your attitude. If you do not want the body to age and die, change your attitude. Let your attitude say that the body will live forever, and so it will. Remove all things from your life that acknowledge the ending of it, and it will never end. Never have the word "old" in your vocabulary understanding. Have "forever" in your understanding. Cease the celebration of your birthdays, for that only gives credence to the aging process. If it pleases you to acknowledge your birth, do so, but reverse the count of your years and become younger. When you do not expect your death, you will never know it.

Always live in the present. Never acknowledge any future other than this Now. Your Now will be eternity if you permit it to be so. Never contemplate how long you are going to live, for you will always live. Contemplate the foreverness of your body, and so it will become. That is simply how it is. Love yourself, master. Bless your body. Speak to your soul, which is the lord of your being, and command it to bring forth the enzymes of youth, and it will. Know that the body can live forever. And how does it live forever? By telling it to. Immortality is achieved only when one does away with the understanding of mortality. This travesty called death could be eliminated by the whole lot of humanity if they lived not in the future or the past but in the ongoingness of this Now and if the attitude of living was greater than the prospects of dying. This shall be eliminated here in the years to come, for time will be no longer and these understandings will have become a living reality in everyone upon your plane. Then death will have become a senseless nothing.

(I HIGHLY RECOMMEND READING THE ENTIRE WHITE BOOK BY RAMTHA)

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